



## Cardiac Rehabilitation: The Mayo Clinic Model

**March 20-23, 2019**

### **Overview:**

The Mayo Clinic Cardiac Rehabilitation Workshop is an interactive learning experience for cardiac rehabilitation practitioners.

Mayo Clinic has been dedicated to national and international collaboration for more than 100 years, starting with the Mayo Brothers, who traveled throughout the world to share medical knowledge and learn from others.

The goal for the Mayo Clinic Cardiac Rehabilitation Workshop is to share the best practices in:

- Program development and administration
- Cardiac Rehabilitation assessment tools
- Outcome measurements

Participants will learn program management skills that may be applied in their home organizations. These skills will be acquired through a pre-workshop online tutorial, classes, and hands-on cardiac rehabilitation experience with the Rochester Mayo Clinic cardiac rehabilitation staff.

A certificate of completion will be awarded to each participant.

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

### **Expected Outcomes:**

Upon completion of this activity, participants would be able to:

1. Initiate a high quality cardiac rehabilitation program or improve the quality of an existing cardiac rehabilitation program
2. Develop appropriate assessment tools for their individual programs – make their program cutting edge
3. Identify staffing requirements and training of staff
4. Recognize the value of tracking program outcomes
5. Identify resources from international cardiac rehabilitation organizations

## **Program Eligibility:**

The participating organization endorses and supports timely and successful completion of all steps in this application process and the participation must have:

- English proficiency is required; interpreters will not be available  
Es requisito dominar el inglés, porque no habrá intérpretes  
必需精通於英文，將不提供口译人员。
- A degree or professional certificate as a foreign national from a foreign post-secondary academic institution
- Commitment from the participant and their home organization to fulfill all program expectations

## **Online Registration Available**

To register, click [here](#).

## **Tuition:**

\$1500 US per participant (includes conference room facilities, meeting materials, noon meals, and break refreshments)

Tuition does *not* cover travel and lodging expenses for participants; i.e., air transportation, lodging, taxi service, or transit meals. For simplicity, we recommend lodging downtown. Both Rochester International and Minneapolis/St. Paul International airports are available for air travel. [Click here](#) for a Visitor Guide.

## **Contact Person:**

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