# **Foundations in Cardiology Practice**

April 13-16, 2026 • Hilton Austin • Austin TX

## **Sunday, April 12, 2026**

4 −5:30 p.m. **Registration** 

# Monday, April 13, 2026

6:30 a.m. Registration and Continental Breakfast - Bacara Ballroom Foyer

8:00 a.m. Welcome and Opening Comments

**Course Directors** 

#### **Foundations in Cardiovascular Disease Assessment**

Moderators: Michelle L. Alland, APRN, AGACNP-BC, MSN & Dan Sorajja, MD

8:15 a.m. Cardiovascular Physical Exam: Tips and Tricks

Leslie Janik, APRN

8:40 a.m. **ECG Interpretation 101** 

Emily Rueter, PA-C, MS

9:05 a.m. Interesting Cases: What Can Echo Do For You & Interpreting the Echo Report

Praj Reddy, MD

9:30 a.m. Introduction to Other Imaging Modalities

Brian Shapiro, MD

9:55 a.m. **Questions and Answers** 

Drs. Reddy, Shapiro and Ms. Janik and Ms. Rueter

10:10 a.m. Refreshment Break | Visit Exhibits

#### **Ischemic Heart Disease**

Moderators: Melanie Blair, APRN & Pragnesh Parih, MD

10:30 a.m. Interpreting the Coronary Angiogram

Justine Reuter, PA-C, MS

10:45 a.m. **Acute Coronary Syndrome** 

Charles Cannan, MD

11:10 a.m. **Complications of Myocardial Infarction** 

Michael Gharacholou, MD, MS

11:35 a.m. Management of Chronic Coronary Disease

Charles Cannan, MD

12:00 p.m. Myocardial Infarction with Non-Obstructive Coronary Arteries (MINOCA):

Case Studies (SCAD, Vasospasm/Endothelial Dysfunction, Etc.)

Michael Gharacholou, MD, MS

12:25 p.m. **Questions and Answers** 

Drs. Cannan, Gharacholou, and Ms. Reuter

12:40 p.m. **Lunch (provided)** 

#### **Special Topics**

Moderators: Paul M. McKie, MD & Emily Rueter, PA-C

1:30 p.m. **Healthy Living: How Not to Die** 

Fred Kusumoto, MD

1:35 p.m. **Should Everyone Be On GLP-1?** 

Kyla Lara-Breitinger, MD

2:20 p.m. Cardio-Obstetrics: Navigating Cardiovascular Health in Pregnancy

David Majdalany, MD

2:45 p.m. Preoperative Evaluation for Non-Cardiac Surgery: Pearls from the Guidelines

Brian Shapiro, MD

3:10 p.m. **Questions and Answers** 

Drs. Kusumoto, Lara-Breitinger, Majdalany, and Shapiro

3:30 p.m. **Adjourn** 

# Tuesday, April 14, 2026

7:00 a.m. Continental Breakfast

7:30 a.m. **Early Bird:** 

Cardiovascular Clues: Key Physical Signs You Shouldn't Miss

Leslie Janik, APRN and Melanie Blair, APRN

Note: Keep Interactive - Rapid Fire Physical Findings

## **Heart Rhythm I**

Moderators: Paul M. McKie, MD & Emily Rueter, PA-C

8:00 a.m. Wide Complex Tachycardia Interpretation

Win-Kuang Shen, MD

8:25 a.m. **Ambulatory Monitoring 101 and 911 Monitoring** 

Dan Sorajja, MD

8:50 a.m. Atrial Fibrillation: Pearls on Rate and Rhythm Control

Fred Kusumoto, MD

9:15 a.m. Stroke Prevention for Atrial Fibrillation: Anticoagulation and LAAO

Dan Sorajja, MD

9:40 a.m. **Questions and Answers** 

Drs. Shen, Sorajja, and Kusumoto

10:00 a.m. Refreshment Break | Visit Exhibits

### **Heart Rhythm II**

Moderators: Melanie Blair, APRN & Pragnesh Parikh, MD

10:20 a.m. Syncope: When to Worry and What do the Guidelines Tell Us?

Win-Kuang Shen, MD

10:45 a.m. Postural Orthostatic Tachycardia Syndrome (POTS)

Dan Sorajja, MD

11:10 a.m. Basics of Pacemakers: Case Base Approached

Fred Kusumoto, MD

11:35 a.m. Illustrative Case: Ablation and Post-Ablation Care

**TBD** 

11:50 a.m. **Questions and Answers** 

Drs. Shen, Sorajja, Kusumoto

12:15 p.m. **Working Lunch** – Pick-up Lunch – Return to General Session

12:30 p.m. Illustrative Cases: Cases in Daily Practice

Cardioversion – When 200 Juls is Not Enough
 Anitcoagulation – GI Bleed
 How Many Shocks is Too Many (ICD)?

Dr. Kusumoto
Dr. Shen

1:00 p.m. **Concurrent Breakouts** 

Select 1 breakout to meet your learning needs:

Room: General Session	Room: Salon II	
Lifestyle Interventions & Hypertension Management	Incorporating Point-of-Care-Ultrasound (POCUS) into Practice: Tips & Tricks	
Drs. Lara-Bretinger & Reddy	Michelle L. Alland, APRN, AGACNP-BC, MSN	

#### 1:50 p.m. **Adjourn**

# **Optional Workshop: Point-of-Care (POCUS)**

Hands-On Session | 2:00 - 4:00 p.m.

Scan Station	Faculty	Faculty
Parasternal LAX	Dr. Parikh	Dr. P. Reddy
Parasternal SAX	Dr. Shipman	Dr. Majdalany
Subcostal	Dr. Lara-Breitinger	Dr. Luis
Apical 4-Chamber	Dr. Shapiro	

# Wednesday, April 15, 2026

7:00 a.m. Continental Breakfast

7:30 a.m. **Early Bird:** 

**Heart Failure: Definitions and Nomenclature** 

Paul McKie, MD

#### **Heart Failure I**

Moderators: Michelle L. Alland, APRN, AGACNP-BC, M.S.N. & Paul M. McKie, MD

7:45 a.m. Approach to Working Up a Patient with New Systolic Heart Failure

Jackson Hermanson, PA-C

8:10 a.m. Foundations of Systolic Heart Failure Management

Shannon Dunlay, MD

8:35 a.m. **Heart Failure with Preserved Ejection Fraction (HFpEF)** 

Omar Abou Ezzeddine, MD

9:00 a.m. Hospitalized Heart Failure Management

Paul McKie, MD

9:25 a.m. When to Refer for Advanced Therapies

Shannon Dunlay, MD

9:50 a.m. **Questions and Answers** 

Drs. Abou Ezzeddine, Dunlay and Mr. Jackson

10:10 a.m. Refreshment Break - Visit Exhibits

#### Heart Failure II

Moderators: Paul M. McKie, MD & Emily Rueter, PA-C

10:30 a.m. **Cardiac Amyloidosis** 

Omar Abou Ezzeddine, MD

10:55 a.m. Advanced Imaging for Cardiomyopathy Heart Disease

Praj Reddy, MD

11:20 a.m. **Hypertrophic Cardiomyopathy** 

Jane Linderbaum, APRN, CNP

11:45 a.m. **Myocarditis** 

Michelle Alland, APRN, AGACNP-BC, MSN

12:10 p.m. **Pericardial Disease** 

S. Allen Luis, MBBS, PhD

12:35 p.m. **Questions and Answers** 

Drs. Abou Ezzeddine, Reddy, Luis, and Ms. Linderbaum & Ms. Alland

12:55 p.m. **Adjourn** 

# Thursday, April 16, 2026

6:30 a.m. Continental Breakfast

7:30 a.m. **Early Bird:** 

**Diabetes and Heart Disease** 

Satyajit Reddy, MD

#### **Valvular Heart Disease**

Moderators: Melanie Blair, APRN & Pragnesh Parih, M.D.

8:00 a.m. Murmurs Decoded: Clinical Clues in Valvular Heart Disease

Jane Linderbaum, APRN, CNP

8:25 a.m. Valvular Regurgitation: Clinical Presentation, Diagnosis, and Evaluation

S. Allen Luis, MBBS, PhD

8:50 a.m. Aortic Stenosis: Clinical Presentation, Diagnosis, and Evaluation

Justin Shipman, M.D.

9:15 a.m. Valvular Heart Disease: When to Watch and When to Fix?

The Interventional Impact

Pragnesh Parikh, MD

9:40 a.m. **Questions and Answers** 

Drs. Luis, Shipman, Parikh, and Ms. Linderman

10:00 a.m. **Refreshment Break – Visit Exhibits** 

## **Special Topics**

Moderators: Michelle L. Alland, APRN, AGACNP-BC, MSN & Dan Sorajja, MD

10:15 a.m. Adult Congenital Heart Disease

Francois Marcotte, MD

10:40 a.m. **Sports Cardiology** 

Satyajit Reddy, MD

11:05 a.m. **Thoracic Aorta** 

Francois Marcotte, MD

11:30 a.m. **Questions and Answers** 

Drs. Marcotte and Reddy

11:40 a.m. **Closing Comments** 

11:50 a.m. Course Adjourns