

# CHALLENGES IN CLINICAL CARDIOLOGY

## A Case-Based Update

September 26-28, 2025 ▪ Swissotel ▪ Chicago, IL

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### **Friday, September 26, 2025**

- 7:15 a.m.                    **Registration and Continental Breakfast**
- 8:00 a.m.                    **Welcome and Course Overview**  
Drs. Anavekar, Connolly, Deshmukh, Newman & Nadia Elfessi, P.A.-C.

### **General and Preventive Cardiology I**

**Session Moderators:** Drs. Anavekar & Newman

- 8:15 a.m.                    **State-of-the-Art Lecture: Diabetes for the Cardiologist**  
Vinaya Simha, M.B.B.S., M.D.
- 8:45 a.m.                    **My 56-Year-Old Patient on High-Dose Statin Has Not Reached Target: What Are the New Therapeutic Options and What's the Evidence?**  
Kyla M. Lara-Breitinger, M.D.
- 9:10 a.m.                    **My 83-Year-Old Patient Has Chronic Peripheral Arterial Disease: What Are the Management Strategies?**  
Arashk Motiei, M.D.
- 9:35 a.m.                    **My 67-Year-Old Non-Diabetic Patient Was Advised to Consider SGLT2-Inhibitor Therapy: What Are the Pros and Cons**  
Vinaya Simha, M.B.B.S., M.D.
- 10:00 a.m.                    **Refreshment Break | Time to Visit Exhibits**

### **General and Preventive Cardiology II**

**Session Moderators:** Drs. Connolly, Deshmukh & Nadia Elfessi, P.A.-C.

- 10:20 a.m.                    **Common Cardiac Conditions in the Master Athlete**  
Nadia M. Elfessi, P.A.-C.
- 10:45 a.m.                    **My Pregnant Patient Presents with Dyspnea: What's Next?**  
Katie A. Young, M.D.
- 11:10 a.m.                    **How Do I Assess Atherosclerotic Cardiovascular Disease (ASCVD) Risk in 2025?**  
Kyla M. Lara-Breitinger, M.D.
- 11:35 a.m.                    **Summary and QA**  
Drs. Connolly, Deshmukh, Anavekar & Newman
- 11:45 a.m.                    **Lunch (provided)**

## Ischemic Heart Disease

**Session Moderators:** Drs. Connolly & Newman

**Surgical Perspective:** Dr. Rowse

- 12:30 p.m.            **State-of-the-Art Lecture: Staging Coronary Interventions: Who and When?**  
Drs. Rowse and Motiei
- 1:15 p.m.            **Should I Order a Stress Test or CT Coronary Angiogram in my Chest Pain Patient?**  
Eric H. Yang, M.D.
- 1:40 p.m.            **Management of Chronic Stable Coronary Artery Disease: When to Intervene?**  
Arashk Motiei, M.D.
- 2:05 p.m.            **How to Manage the Patient with Myocardial Infarction with No Obstructive Coronary Arteries (MINOCA)/Angina Pectoris with No Obstructive Coronary Arteries (ANOCA)??**  
Eric H. Yang, M.D.
- 2:30 p.m.            **Summary and QA**  
Drs. Connolly & Newman
- 2:40 p.m.            **Refreshment Break | Time to Visit Exhibits**

## Circulatory Failure

**Session Moderators:** Drs. Connolly, Anavekar & Nadia Elfessi, P.A.-C.

- 3:00 p.m.            **State-of-the-Art Lecture: Diagnosis of Heart Failure with Preserved Ejection Fraction (HFpEF) in 2025**  
Paul M. McKie, M.D.
- 3:30 p.m.            **My 68-Year-Old Has Asymptomatic Left Ventricular Systolic Dysfunction: What's Next?**  
Svea Alm, APRN, C.N.P., M.S.N.
- 3:45 p.m.            **Genetic Testing in Patients with Heart Failure?**  
Yee Wen Wong, M.B.B.S., M.H.S.
- 4:10 p.m.            **Polypharmacy in Heart Failure: Alternatives to the 4 Pillars**  
Paul M. McKie, M.D.
- 4:30 p.m.            **My Patient Has NYHA II Functional Capacity and an LVEF of 15% – When Do I Need to Refer for Advanced Circulatory Therapies?**  
Yee Wen Wong, M.B.B.S., M.H.S.
- 4:50 p.m.            **Summary and QA**  
Drs. Connolly & Anavekar
- 5:00 p.m.            **Adjourn**

## **Saturday, September 27, 2025**

7:15 a.m. **Continental Breakfast**

7:55 a.m. **Overview of the Day**  
Dr. Connolly

### **Valvular Heart Disease I**

**Session Moderator:** Drs. Anavekar & Newman

**Surgical Perspective:** Dr. Rowse

8:00 a.m. **State-of-the-Art: Overview of the Percutaneous Valves and Where They Are Placed**  
Sorin V. Pislaru, M.D., Ph.D.

8:30 a.m. **My 67-Year-Old Patient Has Severe Asymptomatic Aortic Stenosis: Should I Consider Transcatheter Aortic Valve Replacement (TAVR)?**  
Hayan Jouni, M.D.

8:55 a.m. **My 79-Year-Old Patient Has Severe Mitral Regurgitation: When Should I Consider MitraClip Versus Percutaneous Mitral Valve Replacement?**  
Vuyisile T. Nkomo, M.D., M.P.H.

9:20 a.m. **My 72-Year-Old Patient has Severe Asymptomatic Mitral Valve Insufficiency: When to Intervene Surgically?**  
Phillip G. Rowse, M.D.

9:45 a.m. **Summary and QA**  
Drs. Connolly & Newman

9:55 a.m. **Refreshment Break | Time to Visit Exhibits**

### **Valvular Heart Disease II**

**Session Moderator:** Drs. Connolly & Anavekar

**Surgical Perspective:** Dr. Rowse

10:15 a.m. **My Pregnant Patient Has Valvular Heart Disease: When Do I Need to Worry?**  
Katie A. Young, M.D.

10:40 a.m. **Optimal Timing of Intervention for Aortic Valve Regurgitation**  
Hayan Jouni, M.D.

11:05 a.m. **Severe Tricuspid Valve Regurgitation: When to Refer for Intervention?**  
Sorin V. Pislaru, M.D., Ph.D.

11:30 a.m. **Rapid Fire Valve Case Review with Faculty in the Hot Seat....**  
**Moderators:** Drs. Connolly & Anavekar  
**Panel:** Drs. Young, Jouni, Nkomo, Pislaru, and Rowse

12:00 p.m. **Lunch (provided)**

## Heart Rhythm Disorders I

**Session Moderators:** Drs. Deshmukh & Newman

- 1:00 p.m.                    **Who Should and Who Should Not Get an Atrial Fibrillation Ablation?**  
Fatima M. Ezzeddine, M.D.
- 1:25 p.m.                    **Conduction System Pacing: How Has it Changed My Practice?**  
Alan M. Sugrue, M.B., B.Ch., B.A.O.
- 1:50 p.m.                    **Interesting Arrhythmia Cases**  
**Moderator:** Abhishek J. Deshmukh, M.B.B.S.  
**Panel:** Drs. Ezzeddine and Sugrue
- 2:45 p.m.                    **Refreshment Break | Time to Visit Exhibits**

## Heart Rhythm Disorders II

**Session Moderators:** Drs. Deshmukh & Connolly

- 3:15 p.m.                    **My Patient is Getting ICD Shocks: Antiarrhythmics or VT Ablation?**  
Alan M. Sugrue, M.B., B.Ch., B.A.O.
- 3:40 p.m.                    **Electrophysiology Approach to Common ECG Patterns**  
Drs. Deshmukh and Ezzeddine
- 4:25 p.m.                    **Adjourn**

## **Sunday, September 28, 2025**

- 7:15 a.m.                    **Continental Breakfast**
- 7:30 a.m.                    **Case Discussion & QA**  
Nandan S. Anavekar, M.B., B.Ch.

### **Cardiology Potpourri**

**Session Moderators:** Drs. Deshmukh & Newman

- 8:00 a.m.                    **Hypertrophic Cardiomyopathy: New Therapies, New Challenges!**  
Darrell B. Newman, M.D.
- 8:30 a.m.                    **Complication of Myocardial Infarction?**  
Nandan S. Anavekar, M.B., B.Ch.
- 8:55 a.m.                    **My Bicuspid Aortic Valve (BAV) Patient has an Aortic Aneurysm: When Should I Intervene?**  
Heidi M. Connolly, M.D.
- 9:20 a.m.                    **Contemporary Management of Acute Pericarditis and What to do When Things Get Complicated**  
William R. Miranda, M.D.
- 9:45 a.m.                    **Adult Congenital Heart Disease: What Every Practitioner Should Know**  
Angela M. Kosec, APRN, C.N.P., D.N.P.
- 10:10 a.m.                   **Summary and QA**  
Drs. Newman, Anavekar, Miranda & Connolly
- 10:20 a.m.                   **Refreshment Break**

### **My Most Challenging Case of the Year!**

**Session Moderators:** Drs. Connolly, Anavekar, Deshmukh & Newman

- 10:35 a.m.                   **Case 1**  
Nandan S. Anavekar, M.B., B.Ch.
- 10:50 a.m.                   **Case 2**  
Heidi M. Connolly, M.D.
- 11:05 a.m.                   **Case 3**  
Abhishek J. Deshmukh, M.B.B.S.
- 11:20 a.m.                   **Case 4**  
Darrell B. Newman, M.D.
- 11:35 a.m.                   **Case 5**  
Nadia Elfessi, P.A.-C.
- 11:50 a.m.                   **Review and Closing Comments**
- 12:00 p.m.                   **Course Adjourns**